



# PROBLEM GAMBLING DOES NOT HAVE TO COST YOU **THE THINGS** **THAT MATTER MOST**

Every day, people take their chances at the casino, online, with the lottery, and many other forms of gambling. But for some, gambling can become out of control – with huge financial, relationship, and emotional costs.

If you or someone you love is struggling with problem gambling, reach out. Problem gambling can be treated, and people do recover.

**[HelplineMA.org/ProblemGambling](https://HelplineMA.org/ProblemGambling)**

**Contact your local treatment center or call 800-327-5050 to speak with a trained Helpline Specialist.**



# 赌博问题不应使您 付出高昂的代价

人们每天都在赌博中冒险，包括赌场、网络、彩票和许多其他形式的赌博。但是，对于一些人来说赌博可能会失控，造成经济、人际关系和情感方面的巨大损失。

如果您或您所挚爱的人正在与赌博问题作斗争，请您寻求帮助。问题赌博是可以治疗的，可以完全康复。

[HelplineMA.org/ProblemGambling](https://www.HelplineMA.org/ProblemGambling)

请联系您当地的治疗中心或拨打  
800-327-5050与训练有素的求助热线  
专家通话。

